

ROUND 1 INTERVIEW
January 25, 2018

RYAN PALMER (-6)

RYAN PALMER: You don't get the big grass greens, they'll get a little bumpy in the afternoons on the South because of the poa annua. But they were rolling nicely, but you could see a few bumps here and there. Yeah, it's great to shoot a low one on this South course knowing that you play it on the weekend. The key tomorrow is kind of not get too far ahead of myself, take what the North gives me tomorrow and try to shoot a good round again.

Q. You said it was the plan to get out of the major medical in two events and you did. Does it free you up at all coming off of it knowing that, okay, I've got the rest of the season?

RYAN PALMER: It does, but just the way I prepared coming into the first two events and then this week, I felt my game was in shape, my body was in shape. The work Dr. Van Biezen and Manny did back in Dallas getting my shoulder healthy. And then just the grind sessions I did with the putter. That was the thing that was really bad last year and I dedicate myself to the Flat Cat stroke with the claw and the R-Line Odyssey, so it's starting to pay off.

Q. Do you flip back and forth between the claw and the regular grip depending on the wind?

RYAN PALMER: No, I've had a few that are real long from the fringes that I realized I probably need to go back to conventional, but I haven't had too many long ones to worry about. Fortunately, we're hitting it close enough to use the claw.