



CAMERON TRINGALE (-5)

Q. Cameron, you've played here quite a bit. Can you talk about like today, people on the surface might think that the Plantation would have yielded lower scores than Seaside. What is your feeling about the difficulty of the Plantation course since it's been changed?

CAMERON TRINGALE: Man, as far as the difficulty, it's hard to say. I feel like so much of golf is how you're playing and some courses set up better to your eye. I've always seemed to play well on that side. With the renovations, it's absolutely stunning and I think it's fun with some of those sloped greens. You can really get the ball close with the slopes and create some challenges, too, but I think the course was set up really well for the conditions today.

Q. What did you do well today? What did you feel was the strength of your game?

CAMERON TRINGALE: I would say leaving the ball in the right places, which is critical out here. My kind of putting from off the green, I had a few touchy little putts through the fringe and was able to get those close early in the round. And I capitalized when I wasn't in position most of the time. Really just leaving the ball in the right places out here when it's windy, putting into the wind, chipping into the wind, that's important.

Q. Is there anything mentally or physically that you have to make a shift to get back out on Seaside tomorrow? Probably a little bit more benign conditions than today, so do you feel maybe there's a leg up that you've got one of the lower rounds on Plantation?

CAMERON TRINGALE: Yeah, perhaps. Each day's a new deal. I like where my game's at. I'm not going to overthink it. When the conditions are blustery like they are, I think it kind of forces me just to play golf and be creative, hit shots and that's something I've been doing well. Happy to continue on.

Q. Excellent start. If we can get some comments on your day.

CAMERON TRINGALE: Yeah, good day on the Plantation course. Eight birdies, three bogeys, a couple I wish I had back, but overall happy with the day. Conditions were not easy and the scores, I'm in a good spot, so I'm excited for the next few days.

Q. What's the best shot you hit today?

CAMERON TRINGALE: The best shot I hit was a 5-iron on No. 8. The wind was hard off the left, I had 230 and I kind of cut one up with the wind, landed right where I wanted and

kind of curled down into the rough, actually just between the one foot of rough between the green and the water. Sadly, didn't make birdie after such a beautiful shot, but that was the shot, just exactly how I saw it. It was nice.

Q. What else do you have planned for 2020? Is this the last one or will you do --

CAMERON TRINGALE: I'm planning to go to Mexico, Mayakoba in a couple weeks, then that will be it for me.

Q. Do you think your offseason's going to look any different this year because of COVID? Does it change anything that you would do?

CAMERON TRINGALE: My family and I, we're just going to stay put. We usually travel, go back to the Midwest for Christmas. We're not doing that this year. Since it's effectively two weeks shorter, we just decided we wanted to spend all that time at home, so we won't be getting on any planes in the offseason.

Q. You made some pretty significant distance gains a couple years ago. Are you still chasing something like that or are you going full in Bryson?

CAMERON TRINGALE: I mean, I'd say those gains were kind of a by-product of just the right technique and having a little more freedom as I play. I certainly would love to hit it farther, but it's not the primary focus in my training or my practice, but I'm happy to not be going backwards too much. Hopefully, with the offseason, I'll be able to get back in the gym with a little more regularity and be fresh for 2021.

Q. What is the primary focus on trying to get better for you?

CAMERON TRINGALE: I think it's a mental battle, just staying engaged for the whole round. Like I had a shot today, a little wedge, nothing to it. Spun it off the front of the green and make bogey from 95 yards where it was just sort of a lapse in thinking clearly and knowing where I needed to be. So the more committed I can be, the more free I can play. That's honestly what I'm working on.

Q. As someone with Midwest and California roots, what do you think of this part of the country? What makes Georgia, this part of Georgia unique from your perspective on Sea Island?

CAMERON TRINGALE: Well, I mean, I went to school in Atlanta, Georgia Tech, so I spent some time down here. The scenery, I think the culture, the love for golf down here makes being a golfer in the Southeast pretty cool, especially this place with so many Tour guys, Davis leading the charge and so many younger guys coming and making this home. There's a golf culture here that's fun to play. And normally with the galleries and fans, it's a well-educated group and it's always fun to kind of play in that atmosphere. Yeah, the scenery, these golf courses. Yeah, there's a couple other good ones not far from here. They

love the sport.

Q. Just what is your level of frustration with not having won and what do you think you need to do to get that done?

CAMERON TRINGALE: Level of frustration is zero. It's a goal, it's a desire, but I feel like I'm doing the best I can and at the end of the day that's all I can do. I don't look back and think, if I had just tried harder. I don't think that's the answer. I think I've just got to keep doing what I'm doing.

And obviously that hasn't gotten me to the finish line yet, but like I said, playing with more freedom, playing with less regard for the outcome, I think especially on Sundays. Like this tournament last year I think I shot the low round of the tournament in tough conditions on Seaside and I feel like I was playing to have a good finish. If I was tied for the lead, would I have played with that kind of grit, I guess, and I think I need to. I have to have that mindset. You just can't survive on Sundays out here with so many good players. Keeping the pedal down, that's the goal.