

ROUND 4 INTERVIEW
January 29, 2022



JASON DAY (-13)

Q. Final round not quite the finish you were wanting but in contention all day. Tell me about your day.

JASON DAY: It wasn't too bad at all actually. I mean, I didn't actually -- I didn't feel like I had my swing feel down like I did the last three days, so I was just kind of sticking around like a bad smell, I guess. Holed a nice shot on 15. Sorry, 14. Then yeah, I mean, kind of after that I lost the drive right and I started coming out of it and backing out of it and it's really hard to trust, especially when you stand up on 17, it's hard to trust to keep turning the corner and go left when there's all trouble level and that's why I kind of backed out of it and hit right.

Good quality week, a lot of positives moving forward. You know, this is a second tournament -- this is the second tournament for me that I've really tried to try these swing changes. So, I mean, it's great that the progress is kind of is where it is, but still a lot of work to do.

Q. Can you talk a little bit more about the swing changes, what's kind of clicking?

JASON DAY: The good thing about it is I've got a bad back. Well, I've had a bad back and the good thing about that is I can test my swing to the point where it's like a training aid. I have to swing it a certain way that it doesn't hurt and if it hurts I know exactly what I'm doing so it forces me to go back to the swing thoughts and that's kind of just covering a little bit more, get the left hip back and that's mainly the thought process. But for me to be able to kind of do it in competition, especially under the pump today and keep myself in contention thereabouts, it gives me a lot of confidence going forward. I just need to tighten it up.

Q. To our untrained eye, I guess your swing doesn't look all that much different than maybe it did.

JASON DAY: It probably crept back a little bit to more lateral, but there is a lot of change. Obviously you can see that there's more of a fade there. Back in the day I used to play this big old sling draw. Yeah, overall maybe to the untrained eye it kind of looks very similar, but it's slowly taking shape now. Certain positions that I'm trying to hit that they're starting to stick a lot more and that's why you see a lot more consistency, especially over the first three days I played pretty good. Not saying I didn't play good today, I just didn't give myself opportunities, and when I did give myself opportunities, I left myself in a poor position on the putting green.

Q. After the hole-out on 14 when you said you might not have your swing today or have it all there, what did that do for because all of a sudden you're tied for the lead

with four holes --

JASON DAY: Yeah, and that's the thing. Sometimes you kind of peak a little bit too early. It was nice to be able to hole that shot out, but I knew that 15 and 16 were going to be tough. No. 17, if you get a good drive, you can give yourself a good opportunity at birdie, and obviously 18, being able to birdie that.

So I was thinking, well, if I can get through 15, 16 -- unfortunately, I didn't, but if I can get through 15 and 16 I can birdie 17 and 18 and kind of put it away. Didn't pan out the way that I wanted it to. But like I said, there's a lot of good stuff. I played in my first tournament in a long while without any pain so that's a good thing.

Q. I was going to say, you've had some dark times the last --

JASON DAY: Oh, yeah.

Q. -- year or two. What does this do for you, do for your head?

JASON DAY: I know that I'm heading in the right direction and I know that the work I've been putting into my game is starting to pay off. Obviously if it wasn't I wouldn't be in that position. So I know that things are looking up, I've just got to really just keep working hard. I'm in that stage of like trying to, you know, make these things more concrete and then if I can do that, then I'll be in contention lot more and then the confidence comes back. Then when the confidence comes back, hopefully I win five, 10 times a year.