

SEAMUS POWER (-15)

Q. Seamus, I have to admit I thought, you know what, he's probably going to be tired after last week, a little worn down. You've proven me wrong big time, congrats on a great round today. Just a few comments about that and we'll talk specifics if you want to go through the highlights.

SEAMUS POWER: Yeah, first of all, thank you very much. Yeah, it was a great day out there. Yeah, no, I actually feel great after last week. You know, I think sometimes it's easy to overplay as a player. I think the thing that's helping me right now is I took five weeks off after the Playoffs finished in Delaware. It was a long summer, I needed to get the energy levels and kind of -- you just like the fun of the game back in there. I did that and I feel like I'm in a great spot right now.

Obviously today I got some great breaks, played some really nice golf. It's obviously a bonus to hole out some of those shots, but it was one of those days, I was burning the edges all over the place with putts so it's kind of weird a couple of wedge shots went in. That's golf sometimes and hopefully I can get some of the putts to drop tomorrow.

Q. If you can just run me through clubs and yards on the two hole-outs. The bunker is obviously --

SEAMUS POWER: Yeah. On 8, the hole-in-one, I think it was 138, it was 6 or 8 and it was a very similar number and a very similar wind to the first round, so I knew it was going to be spot on for a club. I hit it to maybe four feet on Thursday, very same numbers, very same winds, so I hit the same shot and obviously landed a foot long left and spun back in.

Then kind of funny enough I hit -- on 11 I hit a wedge shot in there to a very similar pin to maybe like 10 inches yesterday and today it just fell in. I had a couple of good visuals for those shots, which helps, but obviously need a lot of luck for those to actually fall in.

Q. Pitching wedge for the --

SEAMUS POWER: Gap wedge on 8 and then lob wedge on 11.

Q. And last question for me, how many holes-in-one for you now?

SEAMUS POWER: That's 14 actually.

Q. Fourteen?



SEAMUS POWER: Yeah. The number's growing.

Q. Any on PGA TOUR before today?

SEAMUS POWER: I made one in THE PLAYERS in '19 I believe and then I got one on the Korn Ferry, I won a BMW in '16 or '15, I think '15 or '16. Those are my three I guess PGA TOUR, Korn Ferry ones. Yeah, it's kind of racking up. Yeah, that's obviously a huge bonus especially in tournament play, so I'll take them anytime I can get them.

Q. Firstly, great round obviously. Just curious about how you played today. You were talking about burning some edges. You obviously you came into this week off a win. Is this a bit of a situation where when you're hot, you're hot?

SEAMUS POWER: I think so. Confidence is a huge thing in golf, and especially in wind and a course like this, sometimes you're lining up down like a hazard line or something like that and you've got to hit it with some confidence. I think after the win last week, one, you're playing a little freer I think and two, your confidence is high, feeling good about your game. So I think all that helps, especially on a golf course like this where there's a lot of trouble out there, a lot of hazards, so you've got to kind of commit and hit a lot of shots with confidence.

Q. Curious about the five-week break. More of a mental break or a physical break? Do you think that you need it, those five weeks?

SEAMUS POWER: I think you do. I mean, I just -- it's just a lot of tournaments. Last season I feel I played a lot of tournaments. I added -- as you know, at the start of the year like the Match Play I wouldn't have been, or any of the four majors. So for me adding those to the schedule as it was going along was a little tricky because, you know, there's a lot of other courses you like and all that. So I feel like I probably overplayed a little bit, so that five weeks was huge just to -- you know, just to get the fun back into the game, just to get the energy level back up and that desire to be just out there like on the golf course. So I was able to do that and, as I said, I feel great right now.

Q. Some guys are process goal-oriented, some guys are big picture goal-oriented. What would it mean to you if you kept this play going and you ended up making the Ryder Cup team?

SEAMUS POWER: Yeah, I mean, that's going to be huge. Obviously that's a long ways away, but good golf is hopefully going to -- that's going to hopefully be the reward at the end of a lot of good golf. But, you know, that's going to be another, I don't know, 10 months of golf. So a lot of good young players showing up in Europe and stuff, so we'll see. Long ways to go, but anytime you have good rounds it's going to help you along the way.

