

ROUND 4 INTERVIEW
November 20, 2022

CHRIS STROUD (-15)



Q. Chris, so solid week, going to be in the top-10 here. What does it mean to you to have this type of result kind of going into the holidays.

CHRIS STROUD: I've got to be honest, I've been out here a long time. I had back trouble three years ago, it's been a long time since I've been in this position. Felt really, really good. I'm very grateful to have this position, and I was nervous all day just because I haven't done it in so long.

My body every day is a question if my back can hold up. I've done a good job. I've been hitting the ball really well for months, I just have not been making the putts. Very nice to see, and always nice to have a couple more, but I'm very happy to be here.

Q. What's -- in terms of the injury and the timeline, what is, like what is the process of just getting yourself ready to play?

CHRIS STROUD: It's a lot more work. I can't do heavy weights anymore. I'm doing a lot of resistance bands, just a lot of (inaudible) even nutrition, hydration's huge and just taking a lot of anti-inflammatories. I've just got to be careful not to take too many and just do what the doctor tells me, but I'm holding it together pretty good.

Q. What like kind of this week do you attribute as the difference in the uptick of your result?

CHRIS STROUD: That's it. I mean, I've been hitting it as good as I ever have in my career for months, I just have not made the putts. I think I was third in ball-striking after Thursday last week in Houston, I shot 2 over after the first day, 16 greens in regulation, I had 34, 5 putts. Just could not make the putts. I worked really hard this week, it did pay off.

I wish I was over in his position right now, looks like 17 may have a chance. He played really well, he kept it together for a while. You know, good luck to him and I'm just happy to be in this position.

Q. What impressed you about the way Callum handled himself kind of being in the mix?

CHRIS STROUD: He hit a few bad shots and had great recoveries, 14's a perfect example. You could tell the tension's going up and he knew he had a chance to win. Toughest tee shot of the day really on 14 and he kind of blocked it in a tree, got kind of a bad break really. Hits this incredible chip-and-run like 150, 60 yards out to 20 feet and you know you think that



was going to be the end of it and then he hits a putt. He's got a 20-footer for birdie and he leaves it like three and a half, four feet short and it's not an easy putt. His putting held him together today. He putted beautifully, he made the four- and five-footers when he needed to. Good luck to him.

Q. And in terms of you mentioned everything it takes for you to just get ready to play. What keeps you going? What keeps you kind of through the ups --

CHRIS STROUD: Keeping --

Q. -- and downs --

CHRIS STROUD: Keeping mobility. It's really hard, my body wants to tighten up in this cold. I mean, I was trying to keep all the clothes I could on. The more clothes you put on, the tighter you get, but then the colder you get, the tighter you get. You've just got to try to stay warm, happy medium there. I wasn't hitting the ball very far this week, I was just trying to give myself a lot of looks.

Q. You've been in this position before. How does a finish here -- I know it's not really the offseason, but you've got a couple weeks now -- change sort of the demeanor and the tone of the next few weeks?

CHRIS STROUD: That's a great question, Rex. I really wish I had a couple weeks coming up. I kind of ran out of tournaments right now, but I'm really starting to warm up and play great, and finally got the putter going in the right direction. I wish I had one or two more weeks. I'll have to sit on the holidays. It will make Thanksgiving taste pretty good, but when I come out on the west coast, I'll probably start in Palm Springs, I'm assuming. I may not play Sony, I'm not sure there yet, but I kind of wish I had a few more to go.