AdventHealth Championship

ROUND 1 INTERVIEW May 18, 2023

JOHN AUGENSTEIN (8)



Q. John, 8-under 64 to start, solid first round. What was working for you?

JOHN AUGENSTEIN: Yeah, really everything. I actually, I didn't feel like -- I feel like I could have driven the ball a touch better, but I did a really good job when I was out of position of getting back into position and being able to get up and down for par or two-putt for par. That's really important out here.

The rough is probably the deepest rough we'll play all year and some of the tightest fairways we'll play all year. So you're going to hit it, you're going to miss fairways. You just kind of got to manage that and get it to a position where you can still score.

Q. This measured I think the fourth toughest last year, the course. Can you feel that out there? Is it really just the fairways that makes this the most difficult?

JOHN AUGENSTEIN: It's just super tight and then the greens have a lot of subtle slopes. Like our yardage book doesn't even have most of the slope that's put in there because it's so minimal, so they don't put it in there but it's still there.

Like in the practice round I'm doing a lot of work drawing in my own slopes, just trying to kind of know where each flag is, because you can get on the wrong side of a couple subtle slopes, kind of get a little run-off off the back of the green and it can be more challenging.

Q. Did they tell you in scoring you tied the tournament course record?

JOHN AUGENSTEIN: Uh-uh. That's cool.

Q. You and Cameron Young.

JOHN AUGENSTEIN: Cool.

Q. Good company to be in.

JOHN AUGENSTEIN: Yeah, yeah, that's nice. Yeah, I was playing great, I knew I was playing well. I played good on my front nine, my back nine, which is the front. I didn't make a whole lot of birdies until kind of at the end, but there was nothing really different, just I think the front plays a little harder than the back. I think you have to hit a couple more really tight tee shots and kind of get it in better position. I just kind of stayed patient and had a couple



get close on the last few and made them.

Q. Last one for me, seven-week stretch, this is the first of seven. Was it nice to kind of get two weeks off before this?

JOHN AUGENSTEIN: Yeah, yeah. Even though this is the first week back, I felt like coming in I just wanted to make sure I'm pacing myself. Played nine holes Tuesday, nine holes Wednesday in the pro-am and didn't practice a whole lot, didn't really work a whole lot. I just kind of felt like I was here last year, I know the course, my game's been pretty good. You have to conserve so much energy when you're playing seven weeks in a row, which I think I'm going to. Just starting now you've got to take it easier when you can.

Q. John, when you're out there and you're going on a run like you did today, how are you keeping your emotions under control and really trying to, OK, let's get to the next shot? How do you stay calm and just keep it all together?

JOHN AUGENSTEIN: Well, sometimes I don't, sometimes I do. Today I did a good job. I'm not going to be perfect every time, but I think what I've realized is anytime I let an emotion or something slip in, it doesn't work, it doesn't do anything for me. I kind of just have a feeling of like to heck with it, let's play and let's keep looking at what we're doing next.

Thinking about a shot or worrying about some tee shot or a putt or something like that's not going to help. Might as well try to kind of say the heck with it and play.

