

**THE ASCENDANT**  
Presented by Blue

**ROUND 2 INTERVIEW**  
July 14, 2023

**NICHOLAS LINDHEIM (-11)**

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**Q. Great round, on top of the board again. Just walk us through some of the highlights of the round today.**

**NICHOLAS LINDHEIM:** Yeah, I think the par saves are probably the highlights for me. Kind of a blur really, it's a long day, but I made a couple maybe 10-footers for par and kept the momentum going.

**Q. Where were the 10-footers at?**

**NICHOLAS LINDHEIM:** Yeah, that's what I was trying to remember.

No. 12, I actually hit a really good shot and just caught the top of the bunker, rolled back in, made about a 10-footer there.

Then let's see, par 3, was it 14 or 15? Was it 14? No. 14, made another 10-footer there.

Then hit a couple really good shots -- we had a long wait on 15, hit a 3-wood in there just trying to like cut it up into the wind and hit it to like 30-feet, two-putted.

Then I hit it maybe four feet on 16 and made a couple good pars on 17 and 18.

**Q. Is your short game usually a strength or is that sort of like a pleasant surprise?**

**NICHOLAS LINDHEIM:** It can be, it comes and goes. I think my strength is my ball-striking, my off the tee, and I really haven't drove it that good this week in my opinion. I haven't really felt normal, I don't know if it's the altitude or not, but I've been able to at least put together some really good scores. And having no expectations I think has been helpful, too.

**Q. And does going late today and then going to be probably the last one off tomorrow, does that help you significantly in terms of your back and everything?**

**NICHOLAS LINDHEIM:** Yeah, 100 percent. Obviously the warmer, the better. Staying hydrated's another piece. Those guys this morning, I'm staying on property here with a host family and it was blowing really hard this morning. I think we really made out in our wave. Starting on 10 yesterday morning and then the wind switching making some harder holes easy with the wind being down, I mean, I've been on the bad side of a wave and I definitely



feel pretty lucky that I was on this side of the wave.

**Q. And you talked about getting your body ready and everything. Do you have to get here super early to do some extra stuff?**

**NICHOLAS LINDHEIM:** I do them throughout the day, so I'll exercise three, four times a day and that kind of keeps me moving. If I don't, I tend to get tight. I feel good when I do it, but it's still always there and it's just something I have to manage.

**Q. Was that a hard habit to get into?**

**NICHOLAS LINDHEIM:** For me, yeah. I've been a very active person my whole life, but as far as like going in the gym, you can see I'm not like the biggest, strongest guy out here. But I've got two kids that will run laps around anybody, so I'm pretty -- I think I have some good cardio, I should say.

**Q. Probably no more skateboarding?**

**NICHOLAS LINDHEIM:** No, no. I think my wife ran my long board over, so that kind of ended my days of riding my skateboard, but maybe I'll get a new one here soon.

**Q. With the scores being relatively high for the field today, how proud are you of going through two days with just one bogey?**

**NICHOLAS LINDHEIM:** Yeah, pretty pleased. Like I said, the par putts, I think, especially on a course like this where you shoot under par, you play pretty solid, the par putts I think are almost as important as making birdies. To be able to do that and to stay focused kept me going.

**Q. What are you looking forward to most this weekend?**

**NICHOLAS LINDHEIM:** Hopefully, some hot weather. No, just to be competitive, that's why we all do it. I enjoy it, it gets my nerves going and gets my stomach a little sick once in a while, but that means I care and I relish it.

**Q. Is being in contention on the Korn Ferry Tour any different than being in contention on the PGA TOUR?**

**NICHOLAS LINDHEIM:** I think so. I've only been in contention maybe once at the John Deere a bunch of years ago and I fell back pretty far, I played pretty bad. This is more comfortable for me just because I've been doing it for so many years. I played three years on Tour and I'll have my fourth with my medical that I'm on right now the rest of this year and then next year. I think this is a great steppingstone, but it's just a bigger arena out there, a lot more people, a lot more stuff going on, purses are bigger. I mean, that can put some nerves in you.

