

SIMMONS BANK OPEN FOR THE SNEDEKER FOUNDATION

ROUND 2 QUOTES
September 15, 2023



PONTUS NYHOLM (-10)

Q. All right, Pontus, bogey-free 7 under the second round. Just how was it today?

PONTUS NYHOLM: Yeah, it was good. Started the first two holes, missed two pretty short putts for birdie and thought maybe it was going to be maybe one of those days. Then started rolling a couple in and putted really good today. Yeah, good day.

Q. Thoughts on the course? Some guys have had mixed reviews. I'm curious to see how you're feeling about it.

PONTUS NYHOLM: I think it's great, I love this course. We played it last year and it was super wet. I feel like this year it's a little more dry, specially yesterday. I feel like the greens softened up a little bit today, so it was a little bit easier. Hopefully over the weekend they firm up and this place can be really nice.

Q. Best part of your game today, what was it? What was the key?

PONTUS NYHOLM: Probably off the tee, didn't really miss a tee shot all day. Then putted nice, which was good. Off the tee's been key.

Q. Feelings on going to the weekend in contention?

PONTUS NYHOLM: Yeah, it feels good. I've been there a few times and haven't really been able to get it done. Learned some lessons from those times and hopefully I can use that this weekend and shoot some good scores.

Q. Is there any like one lesson that you could pull from? You said you've been in this position before, so is there anything that you hope to apply the next two days?

PONTUS NYHOLM: Yeah, just keep doing my thing and not getting too stressed over what other guys are doing. I've been in this position and people have come from behind a little bit and you start stressing out, feeling like you have to make birdies or whatnot. Just going to try and stick to my game and hopefully it works out.

Q. What was your mindset for the Playoffs? You're in a good position, but two events to go from here, so just how are you feeling?



PONTUS NYHOLM: Yeah, I'm feeling good. I mean, I would have liked to be a bit higher on the points list by now, but I've learned a lot this year and hopefully I can use that these next couple events and have a good finish.

Q. I know you mentioned that like last year you were watching the 25 line, you started watching it kind of early. So this is a different line that you're watching just to get to the final event. Did you learn anything last year?

PONTUS NYHOLM: You're obviously going to be conscious of it. You know where you are, like everyone knows where they are. You can kind of choose to lean into it or just kind of stick to your own game plan and play your game.

This year I feel like I've done a better job of that. I haven't really been able to get the results, but I'm still pretty happy with how I've handled myself out there and just keep doing what I'm doing.

Q. This being a Finals event but in the new structure, does it feel any different to you being out here for these four events?

PONTUS NYHOLM: Not really. I mean, there's obviously more to it; there's more points, there's more money, whatever. As I said, you can choose to get stressed over that and lean into that and start having all crazy thoughts or you can just kind of try and do your own thing and stick to your game plan and hit good shots. That's what I'm trying to do.

Q. I notice you said you've been in contention a few times since you've been out here on the Korn Ferry Tour. Anything you can pull from? You kind of asked a similar question, but will you come out here tomorrow just like you've come out here the last two days?

PONTUS NYHOLM: Yeah, yeah. I think I learned a lot from Chile where I was in contention after 63 holes. I wasn't looking at leaderboards and I shot like even on the front, and I thought I was falling behind and I was actually still in the lead. Started chasing pins and whatnot on the back nine and just put myself in bad positions and made some bad mistakes that cost me.

So instead of getting stressed over whatever, someone might go out and shoot 59 tomorrow, you never know. I'm just going to come out here and play as good as I can and we'll see.

Q. So will you be like more conscious of leaderboards? Do you want to know where other guys are? Does that affect and like help your mentality?

PONTUS NYHOLM: Yeah, I look at leaderboards, I don't really mind. It's nice knowing where people are. I think I prefer that than not knowing. As I said, in Chile where I didn't know where people were and I thought I was falling behind when I actually was probably still in the lead or in second or whatever.



Q. Pontus, is there anything you're just the most proud of? Like what's your main takeaway that you're proud of yourself from this season?

PONTUS NYHOLM: I don't know. I've had some pretty rough stretches where my golf's been pretty bad. It's easy to get down on yourself and I think I've done a pretty good job of just sticking to my process and keep doing what I'm doing and working on my things. Even if I go out and shoot 85, I'm no different off the golf course after that.

Q. It can get tough when work isn't going the way you want it to for a little bit, it can make things feel a little more heightened, a little more lonely out here. How did you manage that and what were those moments like when you had to get through those?

PONTUS NYHOLM: I've been lucky, I'm traveling out here with some of my best friends. It's just nice after a long day on the golf course you can go hang out with them, have dinner or whatever. I have one of my best friends in the world on the bag now. I've had him for a few weeks and that's been really good just having someone to chat to out there. Even if you're playing bad, if you're playing good, whatever, it's just nice having someone to talk to and just have a good time.

