

THE BAHAMAS GREAT EXUMA CLASSIC

ROUND 3 QUOTES

January 16, 2024

KEVIN ROY (-12)



Q. So good round out there today. What was kind of working well for you on the course?

KEVIN ROY: Yeah, it was a good round, just played really solid all day. I think I only made one bogey on the 10th hole. Just kept the ball in front of me, stuck to our game plan and holed a couple putts where we needed to and made a couple pars, which is always nice around here.

Q. Has there been a difference today than the last couple days out there?

KEVIN ROY: Not too much. Obviously you make that turn to 11, you kind of want to just make a bunch of pars out there. There's always some wind out there. Not a whole lot. We're sticking to the same clubs off tees for the most part and just trying to hit a lot of fairways and a lot of greens.

Q. So last year, Bermuda, you had some good success in this event and even Abaco you played well. Is there something on the islands you think you play well, anything specific?

KEVIN ROY: I wish I could tell you, I don't know. It's kind of peaceful just kind of out there seeing the ocean. The color of the ocean's beautiful, the waves crashing is always nice. I've got a buddy on the bag and we're keeping it light, we're laughing out there and so far it's been a really fun week.

Q. Keeping it light out there, is that something you think -- a mindset you've had coming into this year overall or kind of what's been your thought coming in this year?

KEVIN ROY: Yeah, for the most part. I've been working pretty hard on my mental game with my mental coach, Brian Cain. It's nice to see some good stuff coming from it. Try not to get too high when things are going good and not to get too low when things are going bad. Just trying to kind of, what we call it, stay in the green light and I think I've done a really good job at that so far. Whatever happens tomorrow, we're just going to try to stay in the green light as much as possible.

Q. Is there anything kind of specific you do out there to kind of stay in the green light as you say?



KEVIN ROY: Not a whole lot. There's a couple things we work on. I mean, you can get upset over a shot, it's just how quick you can get back into that green light we call it and be focused on the next one. I haven't really gotten too high or low on any shots so far, just kind of stick to it. Tomorrow's going to be fun, it's going to be a challenge and looking forward to it.

Q. You've been playing a lot of golf coming into this event or did you take some time off?

KEVIN ROY: I took some time off, yeah. We've got a little girl at home, six months old. And we built a house and moved into it two weeks ago. I've been kind of being a handyman around the house as of late.

I got a couple rounds in with my dad and some buddies before I came down here. I wouldn't say it was a normal preparation for a tournament. My game felt good coming in and it's feeling good.

Q. It's been an adjustment with the six-month-old in the house?

KEVIN ROY: It's been a little bit of an adjustment, yeah. It's been great, she's an amazing baby. My wife's like a super mom I keep calling her, she's awesome when I'm on the road. Yeah, the baby's amazing. She sleeps -- I don't know where she got her sleep from, definitely wasn't from me. Yeah, she's been -- it's been a lot of fun with her.

Q. Bills fan?

KEVIN ROY: I root for the Bills, yeah. It's going to be a fun game.

Q. Were you able to watch yesterday?

KEVIN ROY: We caught the last quarter of it, yeah. It was good, good to see them playing well at the right time.

Q. How do you feel about the Chiefs?

KEVIN ROY: Obviously I think they're the team to beat, at least in that division. Those games are always pretty electric so I think it's going to be a good game. I think the Bills will come out on top.

