

ADVENTHEALTH CHAMPIONSHIP

ROUND 1 QUOTES

May 16, 2024



JEFF OVERTON (-8)

Q. All right, 8 under first round, obviously right now top of the leaderboard. What was working for you best today?

JEFF OVERTON: You know, I kept the ball in play, I hit pretty much every drive kind of where I wanted and I made everything inside 10 feet. Just kind of my motto, if you can do those two things, you'll have a good round. Hit a lot of good shots and just kind of was my day.

Q. How did you spend the last couple weeks with the downtime leading up to this one?

JEFF OVERTON: I practiced, I took a week off and practiced a bunch, played a bunch. Just been kind of doing my thing, just kind of getting this back in good shape and being ready to play, and just been working out a little bit more with my old trainer, Bryn Hayden (sp?) Yeah, just got a lot of good vibes.

Q. Coming into the week or early on in the round, did it ever feel like, all right, this could be a good day?

JEFF OVERTON: No. (Laughs.) Just kind of went out there and hit it and found it and made some putts.

Q. Lowest round I think on either of the tours since you returned a couple years ago. Did it feel like that at the end, like, all right, game feels back?

JEFF OVERTON: I mean, I've been hitting the ball extremely well, playing at a very high level, it just has been ever so slightly off here and there on a couple holes just from lack of playing a little bit, not controlling my emotions when we do hit bad shots. Just kind of today I was able to not do that kind of stuff. I had a lot of really good scores in some Monday qualifiers, but I haven't had just the flow to get it into these tournament rounds. It's good to finally get one in and not be completely out of the tournament after the first day.

Q. How much of a battle is that? Like you're saying not to get too down during the bad shots. I know golf's just a funky game with that.

JEFF OVERTON: Yeah, it is. You have your highs and your lows, and you've just got to the weather the storm. When you have those chances, really take advantage of them.

