

VISIT KNOXVILLE OPEN

ROUND 3 QUOTES

May 25, 2024

FRANKIE CAPAN III (-15)



Q. Frankie, 8 under 62 today, what was working well with your game today?

FRANKIE CAPAN III: That's a good question. I felt pretty comfortable out there. You know, the last few days I've hit a lot of really nice shots. I think today I was able to get off to a hot start, which was great, and then was able to roll a few putts in, which kind of gave me a little bit of momentum kind of going into the final, I guess, six, seven, eight holes. But yeah, the first two days I hit it really well, too, so it was nice to just get a few putts to drop today.

Q. What are your thoughts on the course this week?

FRANKIE CAPAN III: The course is great. I'm surprised at how lush it is. You know, with all the weather that we've had, you would almost expect it to be a little more wet and even softer, but I think the maintenance crew, superintendents, they've been doing an unbelievable job this week just because of how much rain and wetness we've had out there. It really isn't playing all that soupy, which is nice.

Q. Since we've come back to the States you finished in the top-10 the last three, four events. Where do you think that consistency has kind of come from in your game?

FRANKIE CAPAN III: Just understanding that I believe in myself and my game, just getting a little bit more comfortable and I think just trusting my game. You know, Rusty's been a big part of that. We've had few nice events two of the last three weeks and hopefully finish this one off.

I think just understanding that, you know, my game when I'm playing well, I have a good chance to win and just not really shying away from that and almost pouring into that and really just trying to bring -- you know, I played a lot of football as a kid and just trying to bring out some of that attitude that I had when I was playing football out here.

Q. You have the (inaudible) throughout this week. What's it like (inaudible)?

FRANKIE CAPAN III: Yeah, it's great. My sisters, they typically don't come to too many events so it's nice having them here. Obviously want to play well when they're here. The support's wonderful. Not even just on Korn Ferry but college golf, junior golf, they've always been super supportive of me and it means the world. I love them a lot, so really thankful that they're here and hope to give them another good round tomorrow.



Q. What do you think it will take tomorrow to finish this off?

FRANKIE CAPAN III: I don't know. I mean, a bunch of guys still have four, five, six holes to go, so we'll see. I'd be surprised if someone gets in front of me by the end of the day, but I wouldn't be too surprised if a couple guys get right there, right at 15 or a few guys at 14.

I don't know, we'll see. They've got some tough pins out there, so you just have to really stay patient. I don't know, I think I just want to keep putting one foot in front of the other. They're out there, like the holes aren't all that long to where if you get a good number you can play fairly aggressive, but the second you short-side yourself it gets pretty difficult. We'll see.

Q. You mentioned staying patient. Just how do you do that out there? What keeps you staying patient?

FRANKIE CAPAN III: I think when I'm hitting good golf shots, it makes it easier to not try and force it as much. So like I'm very comfortable giving myself 15 feet and trying to make that as opposed to trying to hole it from the fairway.

Especially, like I said, with some of these pins being tucked in some tricky spots, just having confidence in my game. It's 72 holes, it's not like -- you know, you don't need to go and shoot 20 under in the first 30 holes. I think just it's more of a marathon than a sprint, especially on a course like this.

Personally, I thought scores might be a touch lower just because of the conditions, but I think that's just a testament to kind of where they're putting some of these pins, trying to tuck 'em and not make it just a cake-fest out there.

Q. You referenced the football mindset. What exactly does that mean?

FRANKIE CAPAN III: I can't tell you that, I can't tell you that. I don't know, I think just -- I think just like golf's a game, like I said, you have to stay patient and you have to, like we're out there for a while, so you can't get too aggressive, but at the same time like when I was playing football, to a degree I'm just trying to rip guys' heads off. I think just bringing that into my game a little bit in terms of like respectfully, I know what I'm capable of doing in the game of golf and I think it's fun when I feel like my game is trending in the right direction.

But I think just believing in myself and knowing that I can go out there and shoot 62 like I did today. Really not shying away from that, more just kind of pouring into that.

I would say just getting a little more amped up's been fun for me. Putting myself in situations and being in the hunt four out of the last five weeks is awesome. So I think just, you know, having the mindset that I just believe in myself, believe in what I'm doing and I feel like I have a better process kind of going about each tournament since we've gotten back to the States. So really just kind of pouring into that, and then once we press play, really just trying to get after it.



I told my little sister going into the first round, I was like I want to birdie every hole, like that's my goal, I really want to birdie every hole. Didn't birdie 1, but I birdied 2, 3, just missed 4, birdied 5 and almost birdied 6.

I think just kind of having that mindset of not being super cocky, but just like I'm out there and, you know, I feel like when my game's in the right spot and I play smart, there's a chance I could birdie every hole so may as well just try and do that. Obviously it's never always going to work, but I think just playing with that sort of mindset has been helpful for me. I mean, the name of the game's going low, so whenever you have the chance to, may as well just take advantage.

Q. (Inaudible) adopt a more aggressive mindset?

FRANKIE CAPAN III: I would say aggressive's a tough word because it's not necessarily aggressive in terms of like I'm playing more aggressive. I think it's more -- I would say it's belief and confidence in myself and my game. I don't know. I think -- I think just working a lot harder really. Like knowing that I've put all the work in to put myself in a position to win has really helped me with that sort of mindset just because, I mean, when we leave here I'm going to go to the gym, I'm going to work out, I'm going to get dinner, then I'm going to probably mark the pins for tomorrow, check the weather and go to bed.

I think just I've really put a lot of work into my game and mentally, physically, emotionally. I think just understanding that I'm doing all the right things, so may as well just get after it.

Q. I remember during last year's card ceremony I saw you out putting on the green. Was that kind of where it started? Was that any motivation?

FRANKIE CAPAN III: A little bit, yeah. I would say like after this season, regardless of what happens -- I mean, I'm hopeful for a great season and I think we're trending in the right direction, but regardless of what happens, I think I'll put my sticks aside for a little bit.

But last year, yeah, after not getting my PGA TOUR card at I guess Korn Ferry Finals, I was out chipping and putting for probably three or four hours. I think just because the way that is, it's almost like this course where the chipping green's up here, putting green's up here, and then you're looking down on 18 and all the guys are celebrating, all those guys are getting their PGA TOUR cards.

So I think -- I actually took a picture of it and had it as my screen saver for a while. I think it's just a little bit of added motivation. I'm a big fan of Jalen Hurts and I know he had the confetti, like the red and yellow confetti falling when the Chiefs beat them in the Super Bowl.

So I think it's a little bit of that, but just understanding after playing all these courses last year and kind of seeing where my game tends to trend and, you know, knowing a little bit more of what I need to work on and then putting that time into work on those things and hone in



those, like they might even be little details of certain things, just knowing I've put in the work and then just being -- just trusting myself and being motivated to just get after it.

