

COMPLIANCE SOLUTIONS CHAMPIONSHIP

ROUND 1 QUOTES

June 20, 2024



THOMAS WALSH (-9)

Q. Thomas, 9-under 63, tied the event low with that score. What was working well with your game today?

THOMAS WALSH: Yeah, I hit it well for the first time in a while. Kind of been battling injury for two months now. I got a tip last week to kind of help ease my wrist pain in my setup and just kind of the first day I went around pain free in two months, so I felt free for the first time in a long time.

Q. You made a lot of birdies out there today, especially as you were finishing up your first nine and once you made the back there. Were you putting yourself in good position on the greens?

THOMAS WALSH: Yeah, my longest birdie putt was probably 20 feet. I just had a lot of four- to 15-footers and they were -- none of them broke that much, none of them were up and down hills, so we were in good spots all day.

Q. You mentioned your wrist. What was the tip that you got to kind of help get rid of that pain?

THOMAS WALSH: I just changed the way I set up. Looked back on some old videos pre-wrist pain and tried to find some things that would take some pressure off my left wrist. We found two things in particular that helped and I didn't have pain two days ago when I tried it out. It's kind of been back to my normal fade and not worry about it for the first time in a while, so it's been nice.

Q. We were talking a little bit earlier about you had a strong start to the year and then some lumps in the middle. Is it difficult to kind of stay positive and focused throughout the year when you're going through those rough times?

THOMAS WALSH: Yeah, it felt pretty easy the first eight weeks. I was like, there's no way I'm not getting a Tour card, I've made the progressions. Then I came back from Chile and just blew my wrist out. I could have won Chile easily, I could have won Colombia easily and could have won Panama pretty easily. I was around the lead with three holes to go in every single tournament.

So then I came back and couldn't grip a golf club. Yeah, woke up one day and I couldn't do it. Yeah, it's been tough. Especially about two months ago it was awful. I'm kind of getting



back into it and this is the first sign of light I've had in two months, so it's just been nice.

Q. Easing that pain and knowing you had the success earlier in the year, does that give you positivity in the back of your mind knowing the game's been there this year?

THOMAS WALSH: Yeah, I mean, I haven't changed, my body's changed. Just trying to play around my wrist. I mean, I spoke to a couple guys with the Tour about taking a medical just because I was so down and out, I couldn't do it anymore. I was in pain, I couldn't swing and I wasn't having any fun.

Luckily, a couple of them told me I played well enough I didn't really need to worry, just get healthy and try to get back on it. I wouldn't say I'm healthy, but this is -- five days ago is the first sign of light I've had. It's been good to build on that.

Q. What's been your thoughts on the course so far this week?

THOMAS WALSH: It's been great. It's in great shape, it's a good test. If you hit it in the fairway, you can score. If not, it's going to beat you up. It's a great place.

Q. As we progress each day, it's going to get a bit hotter out here. How do you think that's going to affect the course?

THOMAS WALSH: I don't think the greens can get much firmer because I think they're going to have to water them to keep them alive because it's going to get really hot. I mean, the fairways will get firmer, which will make them tighter, and the rough's super thick. I think it's going to get much easier.

Q. What is the wrist injury?

THOMAS WALSH: I hurt my TFCC, which is -- I'm not the smartest one, but from what I understand it's a joint that kind of holds your wrist, it makes it stable. So I don't have that so my wrist can be hypermobile. I wear two braces to kind of squeeze my wrist just to make sure it can't move too much and strain everything else. It's super grainy down there in Latin America and the ranges tilt really uphill, so when I'm kind of driving it into the range for six weeks, I came back and I couldn't even open a door.

Q. Is it something they recommended surgery for?

THOMAS WALSH: I got a cortisone shot. I didn't completely tear it, which is a problem. If you completely tear it, it's surgery and you're done for a year. I'm right in the middle, a minor tear, severe inflammation. So I got a cortisone shot and it didn't really work. I've been doing PT with the guys with the Tour, who are phenomenal, for an hour a day. I just bugged the hell out of them and they're the only ones keeping me going. Three months off is what he told me. He said cortisone shot is three months off, so I chose the cortisone shot.

