

PRE-TOURNAMENT PRESS CONFERENCE
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LUCAS GLOVER

MODERATOR: We will go ahead and get started, like to welcome Lucas Glover, man of many -- well, we'll start with defending champion, how about that --

LUCAS GLOVER: Thank you, yeah.

MODERATOR: -- Wyndham Championship. You are making your 20th start here, consecutive start at the Wyndham Championship, so obviously an event near and dear for you.

LUCAS GLOVER: Yep.

MODERATOR: With that said, just some thoughts on being back here this week?

LUCAS GLOVER: Yeah, obviously love it here not just because of last year, but a lot of history here growing up. Had some family that lived here and visited here a lot and played the course a lot. Then when I made the Tour and they moved the event here, all right, I know that place, so kind of exciting.

Then had some good weeks before winning last week [sic]. Just like anywhere else, you have certain places you drive through the gates and you feel pretty good and this is one of those for me.

On top of that, winning last year makes it even better. Yeah, I love playing here and hopefully we get to play some the next couple days. It's not very promising.

Yeah, the course is great. I know they had a bunch of rain a couple weeks ago. Yeah, I like it so much here I played 18 holes in the practice round yesterday, I haven't done that since we went to the nine and nine format, so tells you how much I like playing the course.

MODERATOR: Last question from me, what are you feeling good about game-wise? What are you most comfortable with kind of as you're coming into the week?

LUCAS GLOVER: Yeah, I don't know. Nothing's very comfortable when you're in the position I'm in, but I just haven't put much together this year. I hit it good for a week, not make anything, and then the next week it would seem to be the opposite. Just kind of went back to basics last week with Jason Baile at Jupiter Hills, my instructor, and I said, hey, we've got to dumb this down and kind of go back to what we know. Worked on ball position and alignment and weight shift. That sounds very Golf Digest, but that's what we did.



Q. How much do you think about the fact that you need to move up a few spots to get into the Playoffs?

LUCAS GLOVER: Not a ton now. It's more, as I said the same outside to Todd, everybody's on zero right now, but come Sunday you're probably going to need to know.

Let's say you're a handful back with four, five holes to play and then you know you're not going to win, but should I go for it on 15 or should I be smart or should I hit at it on 16? Just different scenarios because obviously you want to get there. The goal the next three days is to get in the position to have that matter to make that scenario that you need to be aware of.

So I've kind of been a slow starter this year, seem to be fighting after about six holes every Thursday, so my focus is to get off to a good start whenever we do get to start. I've just been -- I haven't been doing that and so just been trying to focus on that instead of worrying about too much of the big picture right now.

Q. How much does the weather forecast -- I mean, if you're wanting to get off to a good start and there's uncertainty, how difficult is that?

LUCAS GLOVER: Yeah, it's just, I mean, I think we're kind of wait and see. We're going to start when we start and I don't think there's much we can do about it. If it's tomorrow at 12:54, I'll be ready to go. If it's Friday at 4:00, I'll be ready to go. Just trying to narrow focus on that a little bit, not a pressure-type situation, but just try to get off to as good a start as possible.

Q. As you've had time to reflect on it, what did the run you had started here last year and carried on, what did that mean to you sort of internally? Obviously it came with a lot of rewards, but at your point in your career and the success, what did it mean?

LUCAS GLOVER: Yeah, so '21 at Deere was kind of like a big deep breath, a monkey off the back to win. I had a couple nice runs and a couple nice years, et cetera, et cetera, but at this point I guess last year was 19 years and I was 43 or whatever it is and it was that run was, all right, it's still there, it's still in there. Then cap it off with a couple wins, that was kind of more validation of, all right, you can still play out here.

And then this year I've realized how hard golf is and how hard it is to do what the most consistent top players do and that's play well every three out of four weeks, or in some guys' cases, every week.

It was just validation and confident building, all right, it's still in there, can still do this. Some lean years and some up-and-down years and different stuff, but that six-, eight-week run, all right, you can still make a bunch of birdies and shoot some good scores and still do this.

Q. I guess we remember seeing the scene on 18 last year when your family's there. A year later are they now expecting you to win this week? Are they going to be here all



week?

LUCAS GLOVER: They're more worried about sending the room key home with my picture on it since they couldn't come. They're not very happy about not being here, but I had to explain to them that softball and hockey practice and school starting sometimes means you can't travel with dad, but they weren't very happy about it.

Yeah, they expect it now unfortunately, especially here because they always saw the guy's picture over on the elevator and all that. So they're, that needs to be you again, dad. Oh, man, a lot to live up to.

No, it's pretty cool seeing all that. I've sent them some pictures. Wish they were here, but it just didn't work out.

Q. Lucas, you're among the many guys who grew up here on the Tour. In your mid 40s, early 40s, how hard is that when you get to this stage? What's the hardest part, I guess?

LUCAS GLOVER: For me, it's been tailoring back weeks on the road. Like I love hitting balls, I like to practice, I like to play, then just can't hit as many as I used to.

Then I had a couple situations the last couple years where I woke up Thursday and I was like, yeah, I overdid it Monday, Tuesday, Wednesday, or Tuesday, Wednesday, whenever I got to the event. So I almost put myself on a ball count, just tailoring back and focusing more on full swings at home instead of so much on the road. It's helped my short game because I do a little more of that.

I think that's been the biggest adjustment is just have to take care of my body a little more than I was accustomed to. Whether that's training or stretching or not practicing after a round or something, it's more -- it's just that adjustment of being ready for the next day.

Q. You talked about wanting -- you know, if you get to the last five holes or whatever needing to make a run. I mean, this is a course that gives up a lot of birdies, it's going to be wet. I mean, what do you expect out of the week?

LUCAS GLOVER: Exactly what you just said, soft and wet and a bunch of birdies because, you know, soft and wet conditions, there's a lot of short irons and wedges here, and two par 5s are short even though we're supposed to have some wind that they're forecasting would be into on those holes.

Yeah, there's going to be a lot of birdies regardless just because the greens are so perfect and there's so many short irons and wedges here. But the rough's up, so you've got to be in the fairway. That's always a focus of mine is just not always get up there as close as you can when the rough's like this. Add some moisture into three inches of Bermuda is no fun. I think being smart off the tee, and then you've got to be aggressive once you get in the



fairway because scores are going to be low.

I think even on firm fast years we see 15 to 20, so I think you can expect pretty much that again.

Q. You're in a better position on the FedExCup now compared to where you were this time a year ago before the week. How do you feel I guess about your game compared to what you might have felt at this time on the pre-tournament before the Wyndham?

LUCAS GLOVER: Yeah, last year was -- I guess I missed the cut at Minnesota the week before but played nice, I just didn't make anything and missed the cut by a shot. But the previous six weeks were a pretty wacky run I went on there with top-10s or whatever it was. I had two weeks off before. So I don't -- this week because Minnesota I wasn't able to get there and then last week being the Olympics, I don't really have anything to lean on as far as momentum or whatever, I've got to kind of kickstart my own, if you will.

But I like what we've been doing at home practicing and like what I've seen this week and rolling it nice. So again, like I said to Helen earlier, just focusing on the start whenever that may be.

Q. Through your career, where can momentum come from? Like what are a couple ways that you can kind of jog some momentum?

LUCAS GLOVER: Get off to a good start, A, make putts, B, for me. I've always hit it pretty good, just got to make putts or see something go in early, something like that. All the cliché stuff. Unfortunately, it's cliché because it's true. Hit some good shots and get something going. Hit some bad shots and you feel like you can never recover.

Q. Then what do you make of the Olympics and kind of the momentum I guess that has gained and the place that might be able to find within golf kind of moving forward?

LUCAS GLOVER: Yeah, seems really cool. I actually found myself watching it. Couldn't sleep a couple mornings, waking up at 4:00, yeah, flip on the TV and it was on, so I watched a good bit of it. I didn't end up watching Sunday, I was traveling here, but I thought it was really cool, looked like a pretty cool scene. Looked pretty intense out there for the guys fighting for the medals. Yeah, I thought it was pretty cool and looked pretty well received as well.

Q. You've been out here and seen players come and go, hot streaks, runs, everything. What stands out about what Scottie's done that sort of strikes you as maybe different or unique?

LUCAS GLOVER: Probably his humility. He just shows up, does his job, keeps his head down. I think it's very impressive the way he handles himself with all the success. He seems



very humble, I think that's pretty cool, especially because he has every right to be the other way. He could walk around nose up in the air if he wanted and nobody would care because he's that good, but he's not. I think that's really cool.

It's impressive to me to see how he handles himself and how he doesn't take himself too seriously.

Q. Lucas, a testament to how your career's been awesome to be able to stay out here this long. So much has changed since you've come on Tour, TrackMan, all the data, strokes gained, Shotlink data. How much of that in terms of getting in the weeds on the data is part of your process in terms of making decisions or putting splits on different surfaces or proximity ranges, how much are you and your team in on the data side and how much does that drive week in, week out decisions for you?

LUCAS GLOVER: Probably not the answer you want, but zero. I couldn't tell you if I putt better on bermuda or bent, I couldn't tell you if I miss it in the right or left rough more. I have no idea.

I can tell you what I need to work on because I do it myself every day and the stats probably bear that out, but I haven't fallen into that -- I haven't bitten that bullet yet as far as trying to catch up. I'm just now trying to hit the ball higher off the tee.

If you can't self assess and figure it out, then what are we doing? That's my opinion. Yeah, I've never taken a week off because somebody told me you don't putt good on poa annua. Yeah, I just -- I just didn't grow up with it. I'm not saying it's wrong or right, it's wrong or I'm right, I'm just saying I didn't grow up with it. I can pretty much tell you what I did good on a day and what I need to work on after a tournament.

Too much information for me is probably a negative, just more of a "see ball, hit ball" kind of guy.

Q. That might be a nice segue to on a week like this where everybody's looking at forecasts and you're looking at where you are in the FedExCup standings. When you're out there on the course, how much -- particularly on Sunday, how much information do you welcome while you're out there?

LUCAS GLOVER: I mean, I always want to know where I stand. I never saw Bill Belichick coaching the fourth quarter without knowing the score. I like knowing where I stand. Other than that, that's usually all that matters in this game. But they'll flash up all the projected standings and all that. Like I said, Sunday afternoon if it matters, I'll look, and if not, off we go.

MODERATOR: Anybody else? Lucas, you're a good man. Thank you.

LUCAS GLOVER: Thank you, Doug.

