

THE BAHAMAS GREAT ABACO CLASSIC AT THE ABACO CLUB

ROUND 3 QUOTES
January 21, 2025



CHRISTO LAMPRECHT

Q. Christo, another solid round today, 67, finished out with three straight birdies. I guess take us through that final stretch there coming home strong.

CHRISTO LAMPRECHT: Yeah, I think it was more of a mental battle that I'm pleased to say I actually won with myself. I think I just kind of struggled the whole day just to get going. I started off obviously really nice and our whole group kind of struggled a little bit from holes 3 through 10, so it was just kind of hard to get going. I didn't make as many putts as I did the first two days. I was just telling my caddie, like hey, fairways and greens and let the putts go in if we do.

It's a nice little stretch, if you get some good drives going you can score. I just kind of hung in there and kind of won the mental battle with myself.

Q. Where was kind of that stretch where you kind of felt you had to lock back in mentally and kind of refocus?

CHRISTO LAMPRECHT: I don't think I wasn't focused at all, it was just kind of frustration. Out here when guys are going low and the wind's not blowing, you've got to get some birdies going. I kind of just, I was hitting a lot of good shots into the greens and giving myself chances, I wasn't making any. That was the whole part of the whole battle with myself today.

Q. What does it kind of say to yourself when even if you're a little bit frustrated out there, you kind of regroup and still put up a really solid round like that? What do you think that says about your mental game and just you in general?

CHRISTO LAMPRECHT: Yeah, I think that's kind of the big thing I've been kind of -- that's been my Achilles heel lately. I think I expected so much of myself coming out and playing professional golf that I've kind of just been too hard on myself and in those moments got really frustrated and let it get to me, and I probably would have finished 1 over on the last five holes because of it. So I'm just really proud of myself for doing that today.

Q. I guess going into tomorrow, going to be in contention, I guess is there a different feel to it? Last year not in this spot as much going into the last round, but is there kind of a different feel in these last two rounds being near the top of the leaderboard in contention?



CHRISTO LAMPRECHT: Yeah. I think I kind of was talking with Christian, my caddie, yesterday and I was like a quarter of the job is done after two rounds. I think once pressure comes and coming down the stretch and being in contention for a tournament, that's when you really start testing yourself a little bit.

Yeah, the job's far from being done. It's nice, pressure's a privilege. If you don't feel anything in this game, you probably have a missed cut or you're irrelevant. I think it's a great thing to be in that contention mode.

Q. Obviously you want to treat each round the same, but going in tomorrow, what kind of game do you think it will take tomorrow for someone to go on and win this?

CHRISTO LAMPRECHT: Just be in control of your golf ball. I think kind of our motto this week was just fairways and greens. If I can just keep on doing that and give myself chances on the greens, I'm rolling it really nicely. Yeah, just kind of keep it stupid simple.

