

VERITEX BANK CHAMPIONSHIP

ROUND 1 INTERVIEW

April 24, 2025



TREY WINSTEAD (-8)

Q. First off, just summarize the round today, some of the highlights. It was a good 63 today.

TREY WINSTEAD: Yeah, 63 today. Very long. We probably spent more time in the clubhouse than we actually did on the golf course. A lot of just sitting around, hanging out during the rain delays. Was just excited that I was able to finish today.

Q. Did you go home at all? Did you stay here the whole time?

TREY WINSTEAD: No, I wish I was able to go home but they kind of kept -- I mean, they kept giving updates every 45 minutes so didn't exactly have enough time to really actually think if an update had come out.

Q. What's the hardest part about a day like today?

TREY WINSTEAD: Keeping the energy up. That's one thing I thought that Cody and I did really, really well today, just kept the energy up between us and the group kind of all day. We woke up around like 4:15 for the 6:55 tee time and I don't even know what time it is now, but I'm excited to sleep.

Q. What did you guys do to keep the energy up during the delay?

TREY WINSTEAD: Yeah, I mean, we relaxed a lot during it but then like making sure that when we got back to like a little bit before we knew we were going to go out, going through the routine of like stretching, getting the body ready, as much of a normal warmup as we can and then just sticking to our process throughout the day, the round.

Q. Did you use the arcade or play some cards with some guys or something?

TREY WINSTEAD: No. We kind of had a couple bets with what time we thought we might go back out or when the next delay is going to happen, so that was really it.

Q. How would you summarize how your season's gone to date so far?

TREY WINSTEAD: I thought it's been a very solid start to the year. Been in really good position at some tournaments on the weekends, gotten off to some nice starts and just looking at kind of continuing to build, get better and hopefully close one off pretty soon.

Q. And you're a big barbecue guy. Have you gotten to explore any of the places around here?

TREY WINSTEAD: Not yet. I was hoping to go -- I was hoping to finish the round around lunchtime and then go into Meat Church and Waxahachie this afternoon, but Mother Nature had other plans for the weather today. Probably go do something tomorrow because I don't even know when we might tee off.

Q. Just talk me through the whole Meat Church thing, when that started for you and just kind of what outlet that is for you outside of golf.

TREY WINSTEAD: Yeah, that started maybe three years ago. One of my cousins was living here in Dallas at the time. My family, we came and visited him for a day or two and he took us to Terry Black's downtown and that changed my life. I mean, the brisket, having a bite of the brisket changed my life. He took us to the pits after and just checking all that out, their smokers, their process of how they do everything, like that started the obsession.

Then shortly after that discovered Meat Church on YouTube and Instagram, and just watching videos for hours at nights and stuff when I probably should have been going to bed.

Q. Is it like the food itself or the process more that fascinates you?

TREY WINSTEAD: All of it. I mean, being from Louisiana, we love to eat. It's tough to turn down good food to me, but also the process of like trying to be as good as you can at every step of it because especially a brisket, if something goes wrong during this, it's tough to salvage it. Just staying locked in for those kind of all-day, all-night smokes.