

ROUND 3 QUICK QUOTES
August 3, 2025

NICO ECHAVARRIA (-15)



Q. Nico, nice playing. How do you feel about your day and what were you able to do well today to stay in the mix?

NICO ECHAVARRIA: Yeah, it was a long day, had to get up pretty early, but it's the best job in the world.

I think I was patient out there. I hit some quality shots, I made a lot of putts, which felt good. Gave myself a chance for tomorrow. I don't know how many back I'm going to be, but we're going to be in the final group, which is very cool.

Q. You'll be four, five, six back, currently five back, but only chasing one guy. Does that feel different than if you're like five back and in like 15th place or does it all feel the same?

NICO ECHAVARRIA: I think it might change a little, but at the end of the day I'm just going to worry about what I'm doing. As I said, try to hit the best shots I can and try to hole the putts and we'll add it up after 18.

Q. And you mentioned early in the week about wanting to talk to yourself like you would talk to your best friend. Were you able to keep that positive attitude out there today?

NICO ECHAVARRIA: Yeah, I was. I think it's no coincidence I made very few bogeys because I still hit it in the rough. I've been in trouble, but I've been able to chip out and be calm, just try to hit good shots and it's helped a lot. I finished the rounds and I've been mentally fresh, I haven't been stressed. Hopefully we can keep doing it tomorrow.

Q. How many holes did you have in your second round this morning?

NICO ECHAVARRIA: What's that?

Q. How many holes --

NICO ECHAVARRIA: I had to start on 14, which is not a fun tee shot. It was raining, into the wind. I wish I hit it yesterday but they blew the horn when I was putting on 13.

Q. And Strokes Gained Putting, you're second this week. Is there anything you tweaked or adjusted or anything early in the week to help you dial in your putting?



NICO ECHAVARRIA: Yeah, I had my coach. He left yesterday, but we grinded a little. I didn't have that great of a putting in Scottish and at The Open, so we had to fix some things of the stroke and started feeling good in the pro-am, I putted good and I knew OK, this is clicking. The first day it was rewarding to see the work that we put in the first three days of the week in the tournament.

Q. Were you aware that at one point he was eight shots up on the field?

NICO ECHAVARRIA: Cam?

Q. Yeah.

NICO ECHAVARRIA: Yeah, I was. I saw that on, I think he was probably on 9, I saw like I was in second place and I think I was losing by 8 or 7. That's not normal.

Q. What's Sedgefield like as a golf course when you've got to chase somebody like that?

NICO ECHAVARRIA: Well, I said, I think I said on Thursday there's -- in my opinion there's only one way to play this golf course, you only hit probably one driver off the tee on the front nine. You have to be hitting from the fairway. There's a lot of woods and there's a lot of chances if you're putting uphill and leaving yourself in the right spot.

Q. What have you done to have a better attitude this week? How do you do that?

NICO ECHAVARRIA: I have my sports psychologist here and we've had some good conversations. And I was honest with him, I think it was on Monday and Tuesday, like hey, I think I'm being too harsh on myself when I don't hit the good shot or the perfect shot. I would say like emotionally like a rollercoaster, up and down, up and down. I'm just trying to be a little more stable in the middle and it's helped a lot.

Q. What's your experience playing -- have you played much with Cam?

NICO ECHAVARRIA: Maybe I've played once with him. Not much. He's a great player. He hits it a long way. Clearly he's being aggressive off the tee and it's hard to do it out here, but he's hitting fairways and he's having short shots out there and I think that's probably why he's leading. He's probably leading off the tee and hitting it close.

Q. You made the comment over there that you like your chances. Why do you say that?

NICO ECHAVARRIA: Because I've been there before and I like being in this position, I like being in the final group. I'm not going to hide tomorrow. Yeah, we play tournaments to win. When I'm in the final group on Sunday, that's why I put so much work into it.

