

ROUND 1 QUICK QUOTES
January 29, 2026



JUSTIN LOWER (-9)

Q. Justin, great round today, 63. Can you just talk about what went well for you today?

JUSTIN LOWER: Yeah, I finally made some putts, which was nice. I really struggled with my putting the last calendar year or so and I worked really hard on it. Yeah, it was nice to see some progress with that today. Yeah, it was just kind of just a good day overall. I mean, the weather's perfect, I tried to take advantage of that especially being on the North Course the first day.

Q. You're 6 under on par 5s today. Can you talk through some of those? You got two eagles in the round.

JUSTIN LOWER: Yeah. I started on 10 and it didn't look like I was going to make a 4 at all, I hit it way left and kind of had to pitch out and I had 192 or something like that for my third and hit a 6-iron to like nine feet and was able to make the putt.

Then chipped in on 17 and then once I started hitting fairways it got a little easier from there.

I hit the green in two and two-putted on, what's the other par 5 on the front, 5 I think.

And then 9 I just, I mean, I hit a really good tee shot, was almost a little too close. Then was able to kind of feather a 5-wood in there and had 27 feet and was able to make it.

Just some of it's luck, some of it's good golf. It's just kind of the way it is.

Q. You were emotional last year after the RSM Classic. How great is it now to get a chance to take care of all that stuff?

JUSTIN LOWER: Yeah, I don't know. It's just -- I was really only emotional when Kevin asked that certain question about my kind of upbringing and like how long my journey's been and whatnot.

Other than that, I mean, I'm happy to be out here. I knew I was going to still get some starts, which was nice. It's my fifth year, I've gotten more out here than I probably should have, so I'm happy to be out here.

Q. Is there anything else that you're working on? You mentioned putting, but have you made any other changes?

JUSTIN LOWER: Yeah. New swing coach, John Scott Rattan. We've worked on a lot and done some changes. We started in the fall and honestly just trying to, just trying to do what he tells me.

And honestly, if I'm being really truthful with everyone, my mind's not really here. My wife is 34 weeks pregnant with twins and I'm just trying to get home on Monday honestly to try to help everything out as much as I can. Luckily we have family close and everything. Yeah, she's going through it right now. Life's about to get real if it wasn't real already.

Q. Is that serving as a good distraction in some ways?

JUSTIN LOWER: Yes and no. It's just a lot. We have a 3-year-old right now as well. Life's coming at us really quick.

And then obviously like on my side, first year in a while without full status I would say, a little uncertainty there. Yeah, it's just kind of the way it is. Just trying to take it one day at a time.

Q. Can I ask you how are you managing (inaudible)?

JUSTIN LOWER: Yeah, I'm just, I'm trying to catch up on sleep while I'm here while they're back home in Ohio because I know I'm going to be probably pretty sleep deprived in the next one to three months, who knows when the babies show up. Yeah, I'm really just trying to take it as slow as I can and as day by day, shot by shot, whatever you want to call it.

Q. (No microphone.)

JUSTIN LOWER: Yes. I mean, she's my world, for sure. She's getting to the point where she's realizing what's going on and that's been the hardest part, just seeing her grow up. I mean, I haven't been home in two weeks now, almost two and a half weeks. She's going to look completely different when I get there. She'll probably look taller. She's already talking more. The FaceTime interactions every day are incredible. It's fun.